





DANIELLE, NEW DENTAL NURSE JOINS OUR TEAM



IMPLANTS: ALL YOU NEED TO KNOW



STRAIGHTEN YOUR TEETH!

# Danielle: new dental nurse

We are very pleased to welcome Danielle, our new dental nurse, who joined the Practice in April. She has more than 20 years' experience as a dental nurse.







## Getting to know Danielle:

" My name is Danielle. I joined the Practice on the 1st April 2019 and qualified as a Dental Nurse in 2003, in Peterborough.

I have worked in both NHS and Private Practices as a Dental Nurse, Head Nurse and even Practice Manager.

Dental nursing is my passion though, because I love dealing with patients first hand and building a rapport with them.

I am originally from Wisbech in Cambridgeshire but moved to Trowbridge in 2005 and haven't looked back. Wiltshire is such a beautiful place to live.

In my spare time I captain a ladies darts team and also enjoy running, as part of Avon Valley Runners. My biggest running achievement was completing the London Marathon in 2017 "

Danielle

# Implants in simple words

DR GERRY DAVIES
HAS 31 YEARS'
EXPERIENCE IN
DENTISTRY AND A
SPECIAL INTEREST IN
IMPLANTS



Gerry graduated from Manchester University in 1987. Having run a successful practice in Manchester, Gerry came to settle in Bath in 2000. Whilst in Manchester, Gerry worked at the Dental Hospital as a clinical assistant in Oral and Maxillofacial Surgery.

Gerry takes referrals from other dentists for dental implants and complex restorative cases. He also teaches at Bristol University and runs surgical courses for other dental professionals in the UK and abroad.

He is a member of the Association of Dental Implantology, British Homeopathic Society, Society for the Advancement of Anaesthesia in Dentistry and the European Association for Osseointegration.

2000+ implants in his career!



Gerry has been placing implants for • over 25 years

# Implants in simple words



#### What is a Dental Implant?

A dental implant is an artificial replacement for a tooth root, usually made from titanium. Dental implants normally have some form of internal screw thread or post space that allows a variety of components to be fitted. Once fitted, these components provide the foundation for long-term support of crowns, bridges or dentures.



#### Can anyone have Dental Implants?

Dental implants are suitable for most adults with good general health. They can only be used once the jawbone has stopped growing. There is no upper age limit.



#### How long does the treatment take?

Treatment times can vary from six weeks to six months, starting from the implant placement to the time of placing the first tooth/teeth. However care must be taken with poorer bone, which can extend treatment time beyond six months. Dr Davies will provide you with a written summary.



#### What should you know before you start treatment?

During one of your appointments, Dr Davies will give you a written summary of your treatment planning discussions, which will include an overview of the treatment's stages, how long the treatment is going to take and the fee for it.



#### **How long will it last?**



Dental implants can last a lifetime. After your implant treatment, it all depends on your personal attention to oral hygiene and willingness to attend regular maintenance reviews. This will have the most influence on how long your implant will last.

# Implants in simple words

### BENEFIT OF DENTAL IMPLANTS



#### Dental implants look and behave like a natural tooth

Once a dental implant is fitted with its prosthetic tooth, the result looks completely natural, so no-one will be able to spot which are your real teeth and which are restorations. They behave like natural teeth, providing strength and function.



#### **Dental implants can prevent bone loss**

One of the side effects of losing a tooth is that you lose bone around the missing tooth site. This is because there is no longer a root to encourage bone formation. Placing a dental implant in your jaw bone stimulates new bone growth, which helps to prevent future bone loss.



#### **Dental implants support your facial structure**

Bone loss from missing teeth can give people a sunken, ageing appearance around the mouth that can affect the whole face. By helping to keep your jaw bones strong, dental implants can help to preserve your facial structure.



#### **Dental implants are long-lasting**

Like your natural teeth, with the right care and maintenance, dental implants have the potential to last a life-time.



#### Dental implants are cost effective

If you look at the life-time costs of dental implants compared to the costs of other restorations that may need to be replaced on a regular basis, then they are surprisingly cost effective. We also offer interest free credit that can spread the cost of treatment.



#### Dental implants won't limit what you eat

One of the problems with tooth loss or wearing dentures is that people have difficulty eating because their chewing is less effective or because the dentures move when eating. With dental implants most people are able to eat and drink as normal.



#### Dental implants let you eat, talk and laugh with confidence

Missing teeth may affect how you feel about smiling. Denture wearers often worry about their dentures moving when they're talking or laughing. Dental implants or implant-retained dentures will not move so you can go about your day with complete confidence in your smile.



## **Braces**

## Have you ever thought of straightening your teeth?

Are you a parent who wants the best orthodontic treatment for your children? Are you an adult who doesn't like the appearance of your teeth? Have you finally saved up some money for your treatment and it's now time to scroll through your options?

Here at The High Street Dental Practice we have two dentists who can help you with your goal of having a better looking smile!
Why don't you ask today for a consultation?



**For parents**: did you know your child could be eligible for complementary orthodontic treatment under the NHS? Dr Lucy Pitman takes referrals from other Practices. After a consultation with Lucy you will know if your child can have braces under the NHS.



**For adults**: if you are an adult you can have orthodontic treatment privately.



Dr Pitman and Dr Lambert-Rose offer FREE consultations here at The High Street Dental Practice. In your appointment you can have a chat with your dentist and he/she will go through your options and costs; this is a good time for you to ask questions and remove any doubts you may have about the orthodontic world!



They both have plenty of experience in orthodontics, so you are in good hands. If you want to have a look at the results, why don't you have a look at our 'smile gallery' on our website or browse our book in the Practice waiting room. Page 7 of this Newsletter also shows some 'before and after' photos. You can see for yourself the amazing results our dentists achieve to satisfy our patients' expectations.



## Braces: the option for you

Here at the High Street Dental Practice we have different orthodontic options depending on your requirements and needs.

Have a look at the variety of our braces and if there is anything you are intrigued by, just ask Thea and Flo at Reception; they will be more than happy to book a FREE CONSULTATION for you!



METAL BRACES have two basic components: the metal bracket that is applied to the teeth and the bendable metal wire that is threaded through the brackets in order to apply pressure to the teeth and ultimately move them. This is the least expensive option and is often the fastest way of moving teeth.



LINGUAL BRACES are essentially the same as metal braces, except that they are on the inside of the bite, instead of on the outside.

Lingual braces provide a number of benefits: they can be just as effective as traditionally placed braces; they are far less intrusive and are less likely to be noticed than brackets and wires on the front of the teeth.



CERAMIC BRACES are the same size and shape as metal braces, but they have tooth-coloured or clear brackets that blend with the teeth. Some even use tooth-coloured wires to be even less noticeable.



INVISALIGN consists of a series of 18 to 30 custom-made, mouth guard-like clear plastic aligners. It is comfortable to wear and more attractive to the eye, and most people won't even know you are wearing it.

Invisalign is usually more expensive than traditional braces, and the system does not yet have solutions for very severe orthodontic conditions. It does, however, make a great choice for those who want a more flexible treatment for fairly standard alignment issues.

# Amazing before and after braces



"I always wanted to have perfect teeth and thanks to
The High Street Dental Practice I now do!

All my appointments were pain free and I felt relaxed that I was in good hands.

Everyone at the Practice is so friendly as well which makes it a nice place to be!

I will definitely be recommending friends and family to come here". A. Gerrard

# Amazing before and after braces



"I joined the Practice in January 2018, and had always wanted to correct my teeth.

After seeing the work that Graham Walker had done and with a little nudge from Zoe, one of our dental nurses, I decided to see him. It has been the best decision I have made!.

I had always been conscious about the crowding of my lower teeth and in a photo taken last April, I noticed how crowded my upper teeth were too! It was then I decided I would go for braces.

Graham and Zoe were very patient and reassuring in my bond-up appointment and always very encouraging in my follow up appointments (and every time they saw me on Reception!)

Now that Graham has retired, Zoe and I update him with pictures!

I now see Lucy, who has taken over from Graham, every 4-6 weeks to check on the progress and I think we are nearly there! So exciting!" Thea





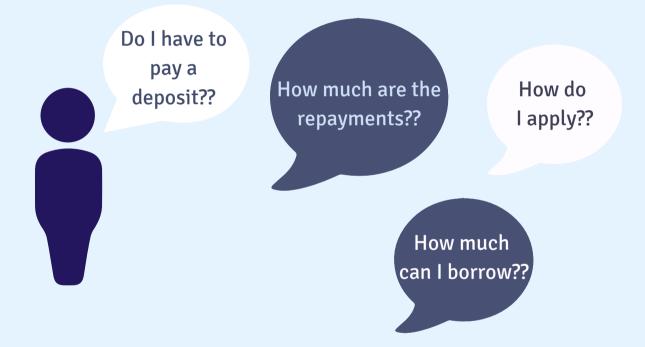


### DENTAL FINANCE

Are you considering Cosmetic, Aesthetic, Orthodontic or Dental Implant work but not sure about the best way to pay for it?

If so, you might be interested in the interest free payment plans we offer to fund your treatment.

Did you know that The High Street Dental Practice provides 0% interest free finance?



If these are questions that come to mind, the dentists at The High Street Dental Practice can help you answer them at your next appointment!





# We are now on Social Media; please follow us!

Follow us on Facebook and Instagram; we have just started our page to keep you updated in real time on the news from your Practice!

We would love your support to make the page grow!

On our Social Media pages you'll find:

- updates on the Practice's staff and events
- offers and Promotions
- reviews from our patients
- useful dental information



The High Street Dental Practice, Chippenham



thehighstreetdentalpractice

If you want more information about our Practice, services and staff please visit our website; it is always updated.

www.thehighstreetdentalpractice.co.uk

### Private patients are welcome!

# We offer the option to join one of our Membership Plans:

#### Membership Plan 1

- Regular examinations and two hygienist visits as recommended by your dentist
- x-rays (as necessary)
- 10% discount (excluding elective and advanced treatment)
- diet and oral hygiene advice
- all your preventive dental care is included
- guaranteed registration with the Practice and continuing access to your dentist
- appointment times to suit you whenever possible
- membership card with 24 hour helpline for dental emergencies at home or abroad
- eligibility to request assistance from the worldwide Dental Emergency Assistance Scheme

#### **Membership Plan 2**

- all Membership Plan 1 benefits, plus:
- regular examinations and four hygienist visits as recommended by your dentist



### **Contacts:**

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www.thehighstreetdentalpractice.co.uk



### How to find us





Any queries please ask our Reception team; Thea and Flo will be more than happy to help!